

## Project List (MRGO6401) in Academic year 2019/20

### - The Best Project Award ( X 2 )

Effects of Elastic Band Resistance Training on Balance and Physical Function in Community Dwelling Elderly—A Systematic Review and Meta-analysis

Student: CHAN Lai Wing 陳麗榮 (Physiotherapist) (supervisors: Dr. Simon Chow)

The effect of Extracorporeal Shock Wave Therapy (ESWT) on adhesive capsulitis: A systematic review

Student: KEUNG Mei Yan 姜美欣 (Physiotherapist) (supervisor: Professor Louis Cheung)

<u>Student</u>	<u>Chinese Name</u>	Professionals	Topic	Supervisor	Co-Supervisor
CHAN Ho Yan	陳可昕	TCM	Evaluation of the effectiveness of acupuncture at L.I.11 Quchi acupoint on knee pain in Hong Kong distance runners: A randomized controlled trial	Dr. Anthony Kwok	
CHAN Lai Wing	陳麗榮	PT	Effects of Elastic Band Resistance Training on Balance and Physical Function in Community Dwelling Elderly—A Systematic Review and Meta-analysis	Dr. Simon Chow	
CHAN Lok Yee	陳樂怡	OT	Effectiveness of orthosis to improve hand function in adults with Carpal Tunnel Syndrome: A systematic review	Dr. Brian Au	Dr. Ronald Wong
CHAN Oi Man	陳藹敏	PT	Whole-body Angular Momentum during Stair Ascent and Descent in Individuals with and without Knee Osteoarthritis	Dr. Roy Cheung (Poly U)	Dr. Ronald Wong
CHAN Sum Yu Jessica	陳琛瑜	PT	The effect of eccentric versus concentric isokinetic trainings on muscle strength post-ACL reconstruction – A randomised controlled trial	Dr. Michael Ong	
CHAN Wai Yan	陳蕙茵	OT	Does Total Knee Arthroplasty improve Quality of Life and Activities in Daily Living in Southern Asian population (Hong Kong) within the first 3 months?	Dr. KY Chung	
CHENG Wai Fan	鄭慧芬	PT	Effects of Kinesio Taping (KT) on mechanical non-specific neck pain: A systematic review	Dr. Annie Leong	
CHEUNG Hiu Yan Rosalie	張曉恩	Podiatrist	Pilot Study: Effectiveness between Kinesiology Tape and Hallux Splint on Hallux Abducto Valgus	Dr. Samuel Ling	
CHEUNG Wai Ki	張蔚琪	PT	Effect of Fascial Manipulation® on musculoskeletal problems: A systematic review	Prof. Grace Szeto (TWC)	
CHOW Steffi Ting-yan	周庭欣	OT	A systematic review on the prescription of power assist wheelchair	Dr. Andy Cheng (Poly U)	Dr. Ronald Wong
CHUNG Wing Kei	鍾穎琪	PT	The effect of Nordic walking in pain reduction: a systematic review	Dr. Bosco Ma	
FONG Kei Wai	方琪蔚	PT	The additive therapeutic effects of whole body vibration on knee osteoarthritis: a systematic review and meta-analysis	Dr. Louis Cheung	
GUO Yunjie	郭云洁	Rehab	Acute effects of caffeinated drink on cognitive performance at night	Dr. Samuel Ling	
HUI Sin Ting	許倩婷	OT	Evaluation of psychological interventions in treating fear-avoidance beliefs among patients with chronic back pain: a systematic review	Prof. LK Hung	
KAN Pik Wai	簡碧慧	PT	An update on effectiveness of physiotherapy scoliosis specific exercises in adolescent idiopathic scoliosis: a systematic review	Dr. TP Lam	
KEUNG Mei Yan	姜美欣	PT	The effect of Extracorporeal Shock Wave Therapy (ESWT) on adhesive capsulitis: A systematic review	Dr. Louis Cheung	

<u>Student</u>	<u>Chinese Name</u>	<u>Professionals</u>	<u>Topic</u>	<u>Supervisor</u>	<u>Co-Supervisor</u>
LAM Ho Yi	林皓宜	Nurse	Systematic review: Effectiveness of topical oxygen wound therapy in diabetic foot ulcer wound healing	Dr. Raymond Wong (UCH)	
LAM Hoi Yi	林愷宜	PT	The effect of instrument-assisted soft tissue mobilization (IASTM) in improving musculoskeletal problems: A systematic review	Dr. Ronald Wong	
LEE Ka Ying	利家盈	PT	Effectiveness of Extracorporeal Shockwave Therapy(ESWT) in managing neck pain in people with Myofascial Pain Syndrome (MPS). A systematic review.	Prof. Grace Szeto (TWC)	
LEE Sandy	利穎妍	PT	Effectiveness of an integrated rehabilitation programme of exercise, self-management and active coping strategies on Chinese knee osteoarthritis patients- A pilot randomized controlled trial	Prof. Oscar Lee	
NG Sung Hok	吳崇學	Nurse	Low-dose Aspirin is effective for VTE prophylaxis to Lower Limb Arthroplasty patients, A systematic Review	Dr. Raymond Wong (UCH)	
NGAN Kit	顏傑	TCM	Effectiveness of acupuncture and related therapy in treating frozen shoulder, a systematic review and meta-analysis	Dr. Anthony Kwok	
SO Yeuk Mui	蘇若梅	PT	Effectiveness of Massage Therapy on Pain in Patients with Knee Osteoarthritis: a Systematic Review	Dr. Bosco Ma	
TSE Wing Tung	謝詠彤	PT	Effect of multicomponent exercise on reducing fall risk in frail elderly: A systematic review	Dr. Simon Chow	
WONG King Tung	黃境桐	PT	Effect of exercise and nutrition intervention on body composition in sarcopenic older adults: A systematic review	Dr. Ronald Wong	
WONG Tsz Ki Crystal	王梓琪	PT	Can hydrotherapy help to improve balance in elderly population . A systematic review and meta analysis	Dr. Simon Chow	
WU Hao	武浩	MP	The efficacy of anti-inflammation treatment in Mesenchymal stem cell-based cartilage repair strategy in osteoarthritis	Dr. Kevin Ho	
YEUNG Chau Yee	楊秋儀	PT	Effect of virtual reality to reduce fall risk in elderly: A systematic review	Dr. Louis Cheung	
YIP Hoi Sing	葉凱昇	PT	Quantitative assessment of lumbar multifidus muscles using diagnostic ultrasound in patients with chronic low back pain. A systematic review	Dr. Carina Li	
YIP Pak Yan	葉栢欣	PT	Effectiveness of Open and Closed Chain Exercises on Knee Osteoarthritis: A Systematic Review	Prof. LK Hung	
YIU Kwan	姚軍	MP	Effect of pulsed electromagnetic field for the treatment of knee osteoarthritis: a systematic review	Dr. Wayne Lee	
ZHANG Kaiyi	张开毅	Rehab	Balance parameters and outcomes reported in clinical studies of body weight support treadmill training on stroke rehabilitation: a systematic review	Dr. Wayne Lee	
ZHOU Yanran	周嫣然	Rehab	The clinical outcomes of scapular focused interventions in patients with subacromial impingement syndrome: A systematic review	Dr. Simon Chow	